JCTR *BASIC* *NEEDS* *BASKET:* KASAMA

## January 2014

**(A) COST OF BASIC FOOD ITEMS FOR A FAMILY OF FIVE LIVING IN KASAMA**

**Commodity Kwacha Quantity Total Kwacha**

Mealie meal (breakfast) 77.20 2 x 25Kgs 154.40

Beans 7.00 3 Kgs 21.00

Kapenta (dry) 75.00 2 Kgs 150.00

Bream, smoked 50.00 1Kg 50.00

Meat mixed cut 25.00 4 Kgs 100.00

Dark green vegetable 4.00 4 Kgs 16.00

Tomatoes 6.00 4 Kgs 24.00

Onion, large 6.00 2 Kgs 12.00

Cooking oil (2.5 Ltrs) 33.40 3 Ltrs 40.08

Bread wheat, refined floor, baked 5.00 1 loaf/day 150.00

Sugar 15.74 6 Kgs 47.22

Milk (long-life) 500ml 5.46 4x500ml 21.84

Tea, powder (125g) 3.10 1Kg 24.80

Eggs 9.83 2units 19.66

Salt 3.70 1 Kg 3.70

***Sub total*  834.70**

**(B) COST OF ESSENTIAL NON-FOOD ITEMS**

Charcoal (90Kg bags) 51.75 180Kg bags 103.50

Bathing Soap 3.34 10 Tablets 33.40

Wash soap (Boom) 4.90 4x400g 19.60

Jelly (e.g. Vaseline) 10.48 1x500ml 10.48

Electricity (med. density - fixed) 225.00 225.00

Water & Sanitation (med. cost - fixed) 50.00 50.00

Housing (med. density - 3 bedroom) 1,000.00 1,000.00

***Sub total*  1,441.98**

***Total for Basic Needs Basket*  2,276.68**

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| **Totals from previous months** | Dec 12 | Jan 13 | Feb 13 | Mar 13 | Apr 13 | May 13 | Jun 13 | Jul 13 | Aug 13 | Sep 13 | Oct 13 | Nov 13 | Dec 13 |
| Amount (K) | **1,605.66** | **-** | **-** | **1,522.74** | **2,043.44** | **2,185.72** | **2,131.54** | **2,109.28** | **2,099.39** | **2,115.38** | **2,170.47** | **2,200.43** | **2,308.22** |

**(C) SOME OTHER ADDITIONAL COSTS**

**Item**  **K Item K**

Education Health

Grades 1-7 (PTA+Project/year) - Consultation Fee -

Grades 8-9 (User+PTA/year) K200.00 – K451.00 Mosquito Net (pregnant / ↓5) -

Grades 10-12 (User+PTA/year) K735.00 – K3, 600.00 Lab tests (e.g., malaria) -

School Uniform K120.00 – K130.00 Monthly scheme (hospital) K60.00

Fuel (cost at the pump)

Transport (bus fare round trip): Petrol (per litre) K9.91

Tazara-Town K6.00 Diesel (per litre) K9.20

Location-Town K6.00 Kerosene (per litre) -

Kasama- Nakonde K58.00-K65.00

**(D) A COMPARISON OF COSTS (in Kwacha) OF BASIC NEEDS ACROSS ZAMBIA IN JANUARY**

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| **Lusaka** | **Kasama** | **Mansa** | **Mongu** | **Ndola** | **Solwezi** | **Monze** | **Chipata** | **Mpika** | **Luanshya** | **Kitwe** | **Kabwe** | **Livingstone** |
| **3,605.01** | **2,276.68** | **2,247.85** | **1,985.94** | **2,889.81** | **3,053.03** | **2,211.73** | **2,197.32** | **1,613.56** | **2,158.93** | **2,405.04** | **2,518.74** | **2,708.99** |

This survey was conducted on **27th January, 2014** by the Social and Economic Development Programme of the Jesuit Centre for Theological Reflection. Average prices were calculated on the basis of surveys conducted at NewTown Market, Chikumanino Market, Tazara Market, Chambeshi Market and Town Centre Shoprite. Additional information was obtained from ZESCO, the Chambeshi Water and Sewerage Company and schools, clinics and houses around Kasama. The January Basic Needs Basket is approximately **US$411** based upon an exchange rate of **K5.5334** per US**$** prevailing on the day of data collection. Please note that other monthly costs would include personal care, clothing, recreation, etc.

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